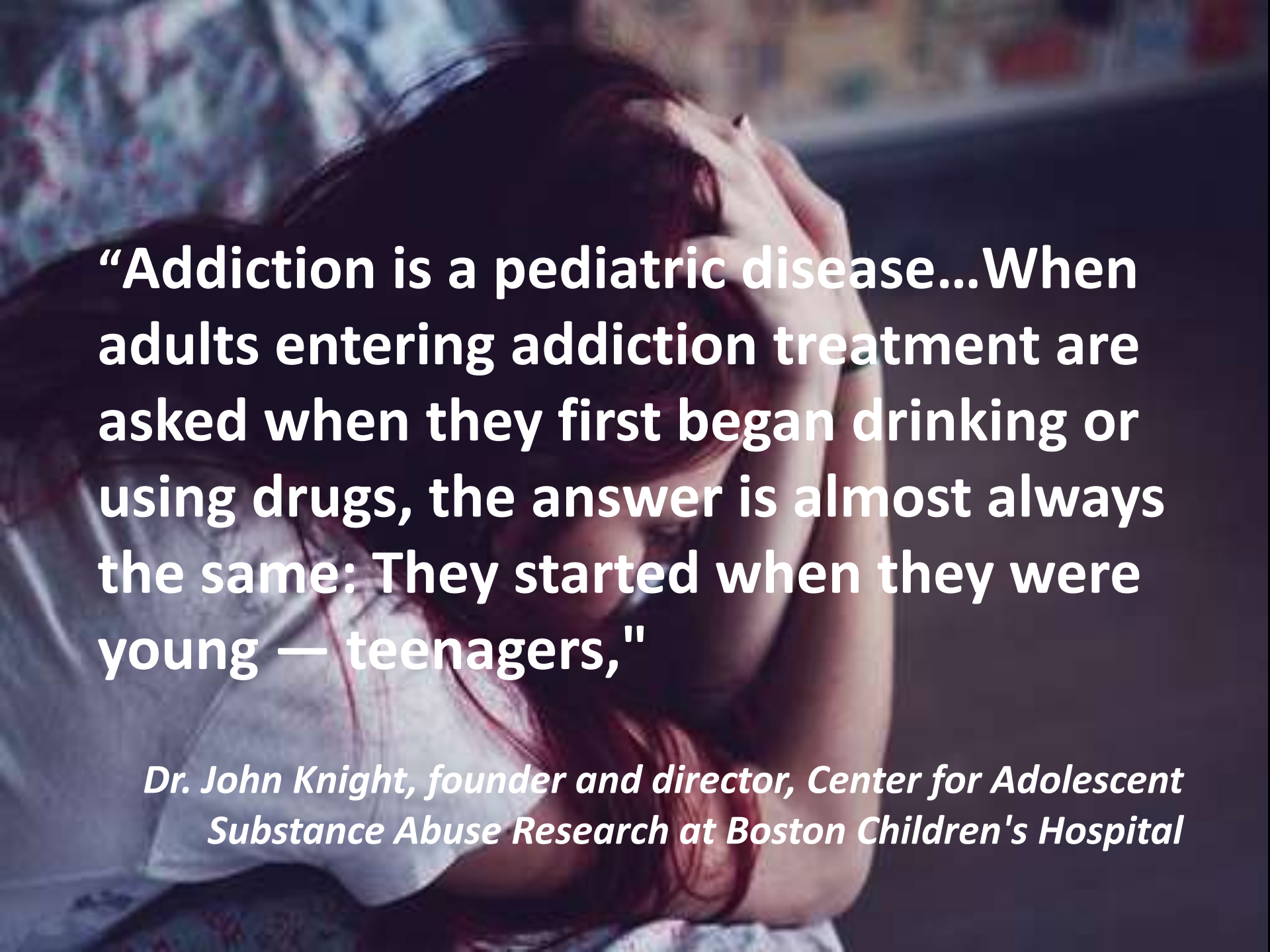


***Conrad N. Hilton Foundation:
Substance Use Prevention & Early
Intervention Strategic Initiative***





“Addiction is a pediatric disease...When adults entering addiction treatment are asked when they first began drinking or using drugs, the answer is almost always the same: They started when they were young — teenagers,”

Dr. John Knight, founder and director, Center for Adolescent Substance Abuse Research at Boston Children's Hospital

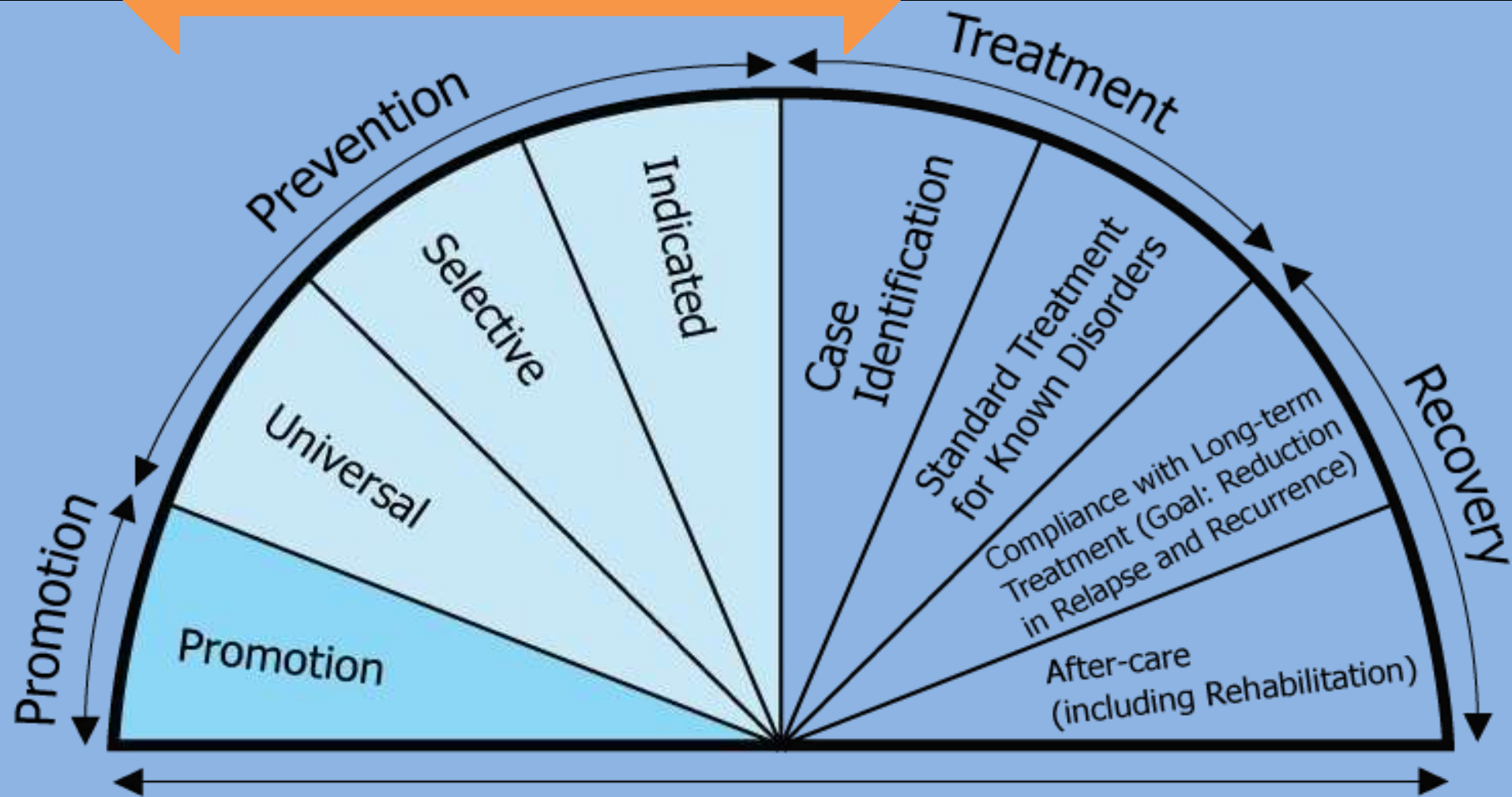


Our focus

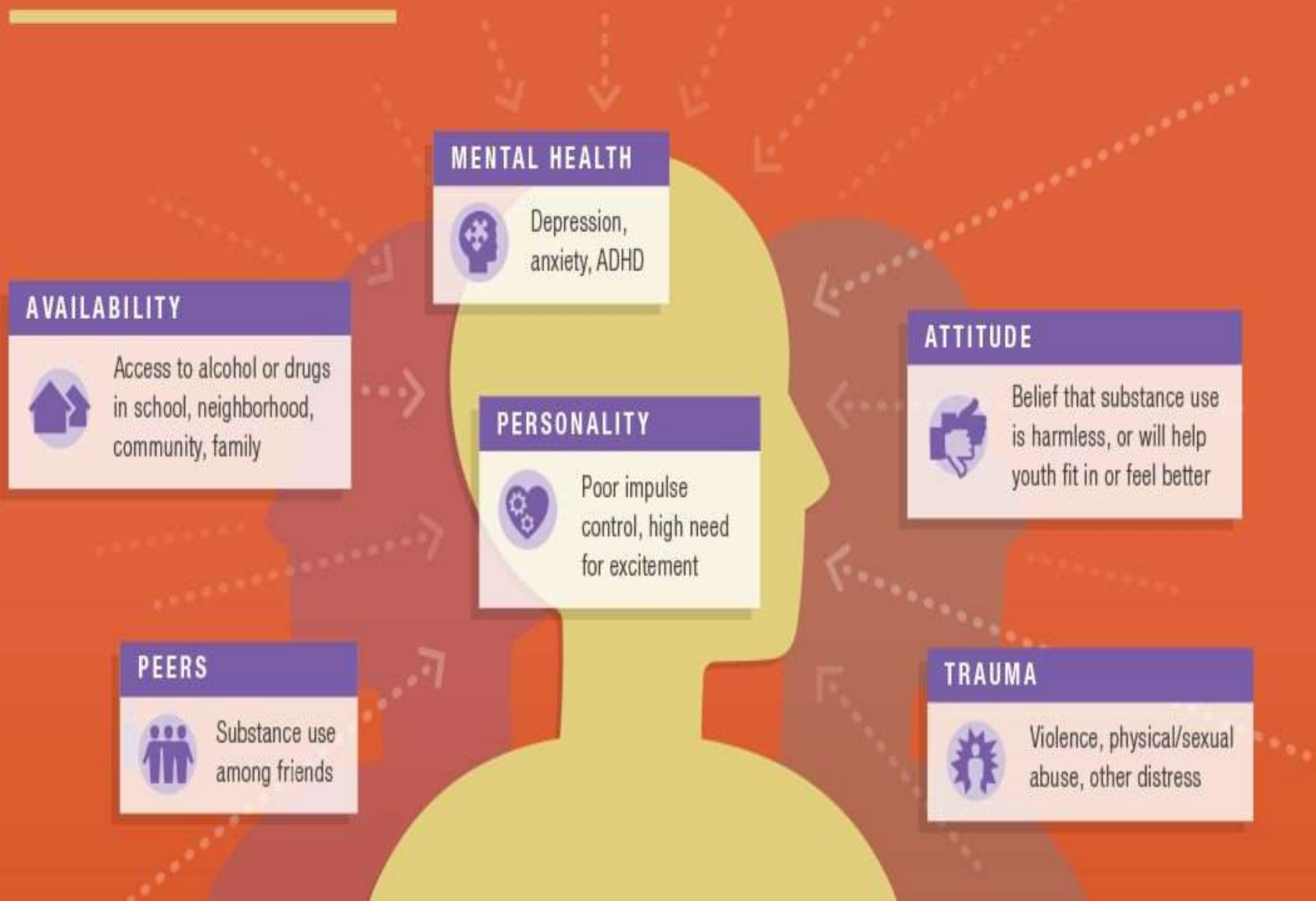
- Youth 15-22 during critical development & transition period
- SBIRT as tool in prevention continuum

YES, SBIRT is Prevention

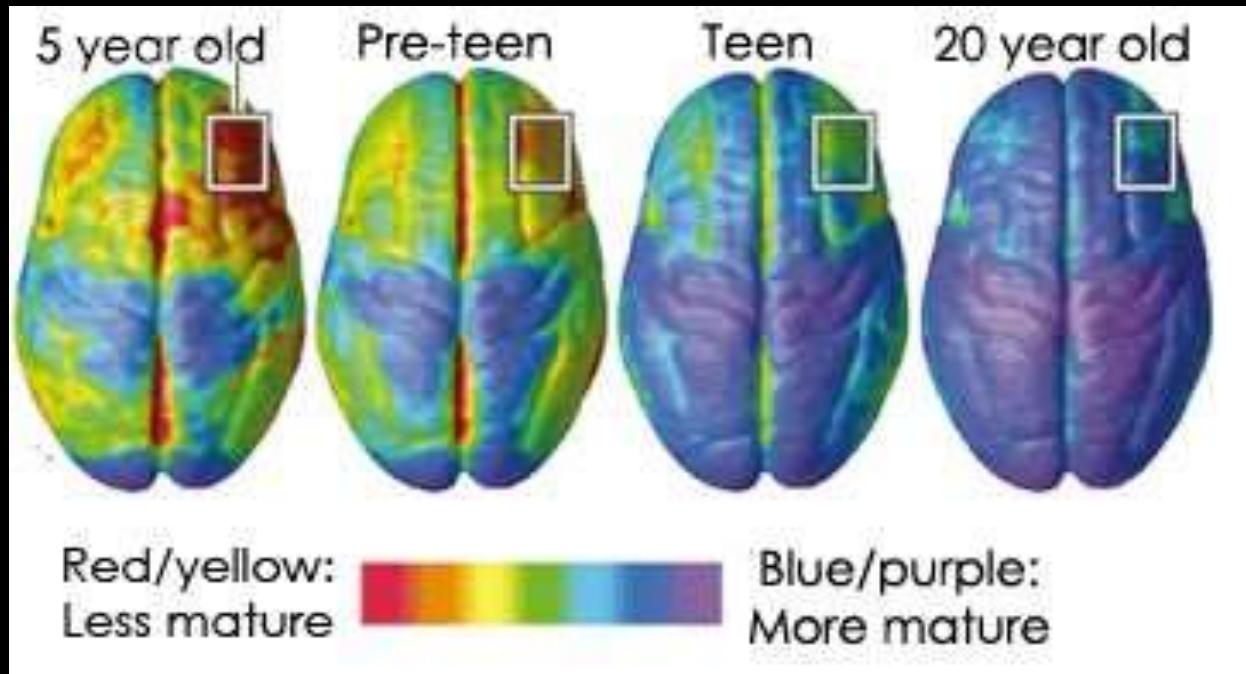
SBIRT



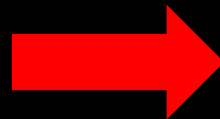
Many factors influence whether a young person tries alcohol or other drugs.



The Teen Brain is still “Under Construction”

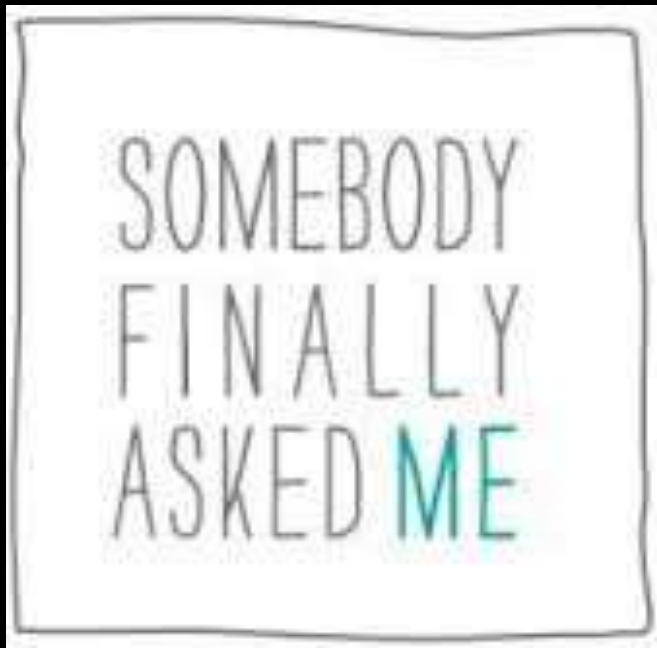


Adolescents are “biologically wired” to seek new experiences and take risks

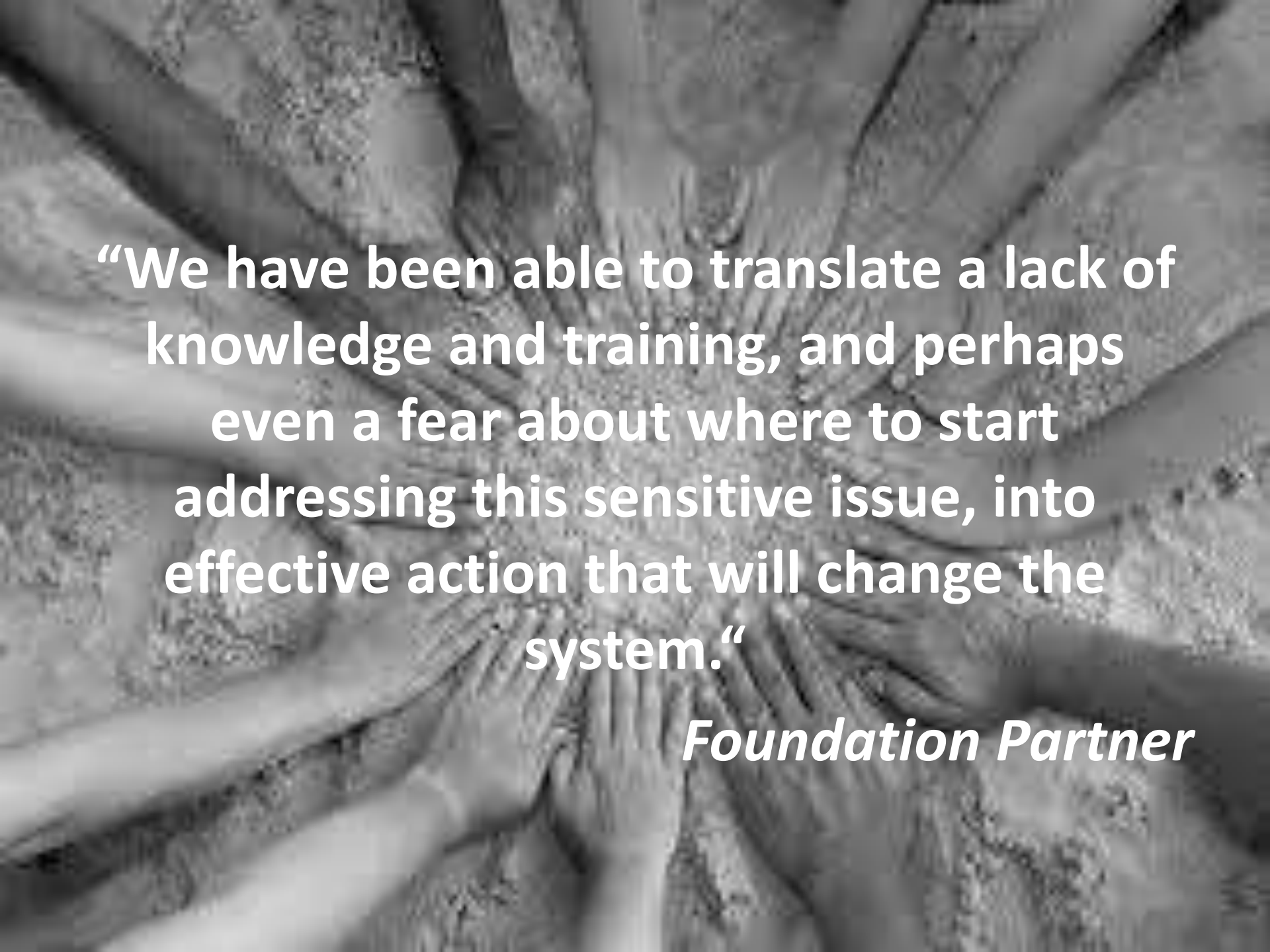


But judgment and decision-making skills are still limited

Opportunity to Intervene before Crisis



- **Screening** starts the conversation
- **Brief Intervention** guides the young person in making healthy choices
- **Referral (linkage)** to services is opportunity to respond to needs



“We have been able to translate a lack of knowledge and training, and perhaps even a fear about where to start addressing this sensitive issue, into effective action that will change the system.”

Foundation Partner

Initiative Goals

A hand is shown in silhouette, reaching out towards a bright sun in a field at sunset. The sun is positioned behind the hand, creating a lens flare effect. The background is a blurred field of tall grass or crops under a warm, golden sky.

Ensure health and other youth providers have **knowledge** and **skills** for screening and early intervention services

Improve **funding** for, **access** to, and **implementation** of screening and early intervention services

Conduct research and **advance learning** to improve screening and early intervention practices

Initiative Activities

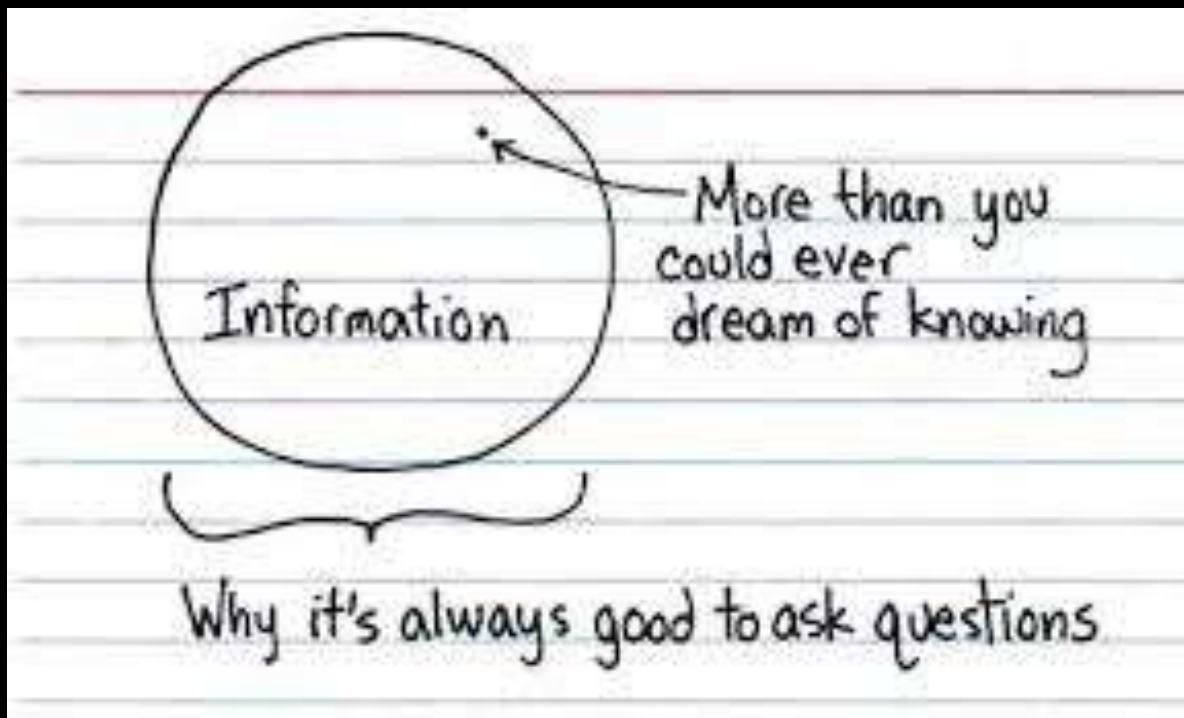


**Building
Awareness**

**Training &
Technical
Assistance**

**Policy &
Advocacy**

**Research &
Evaluation**



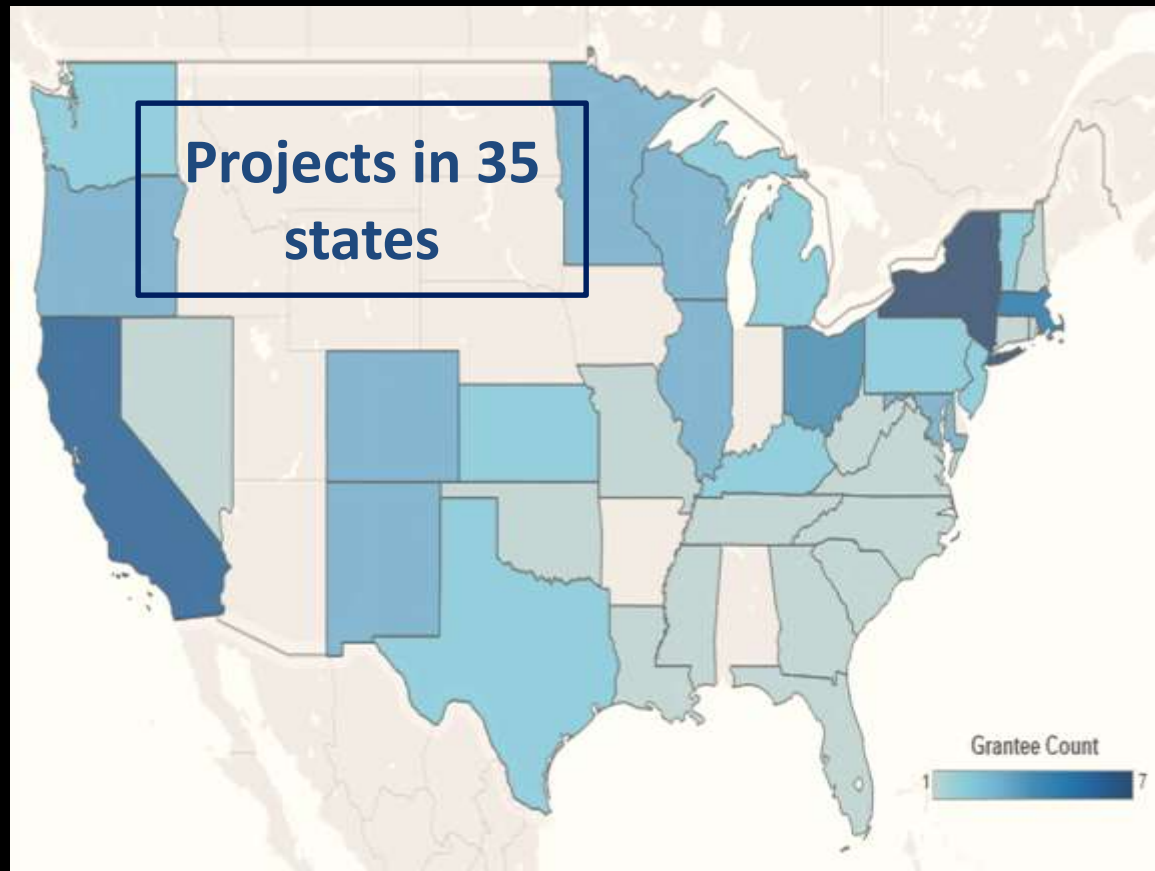
**Universal
Screening =
Diverse Settings**

**Services vs.
'Treatment'
Referral**

**Parents and/or
Caregivers**



- **74** school based health centers & schools
- **79** health care
- **27** behavioral health
- **79** community organizations
- **15** juvenile justice



SCREENING & BRIEF INTERVENTION

Overview

About

Buy

Conduct Substance Use Screening, Brief Intervention, and Referrals

Suite of Professional Development and Assessment Simulations for Healthcare Providers.

► [Request Information](#)



1 2

Relevant Documents

[SBI with Adolescents - Overview](#)



[SBI Skills Assessment - Overview](#)



[SBIRT Resources](#)



Partners

NORC
at the UNIVERSITY of CHICAGO

Videos

[SBI Testimonials](#)

“ My colleagues and I see these SBIRT educational tools as a gift.” *Faculty participant*

The American Academy of Pediatrics (AAP)

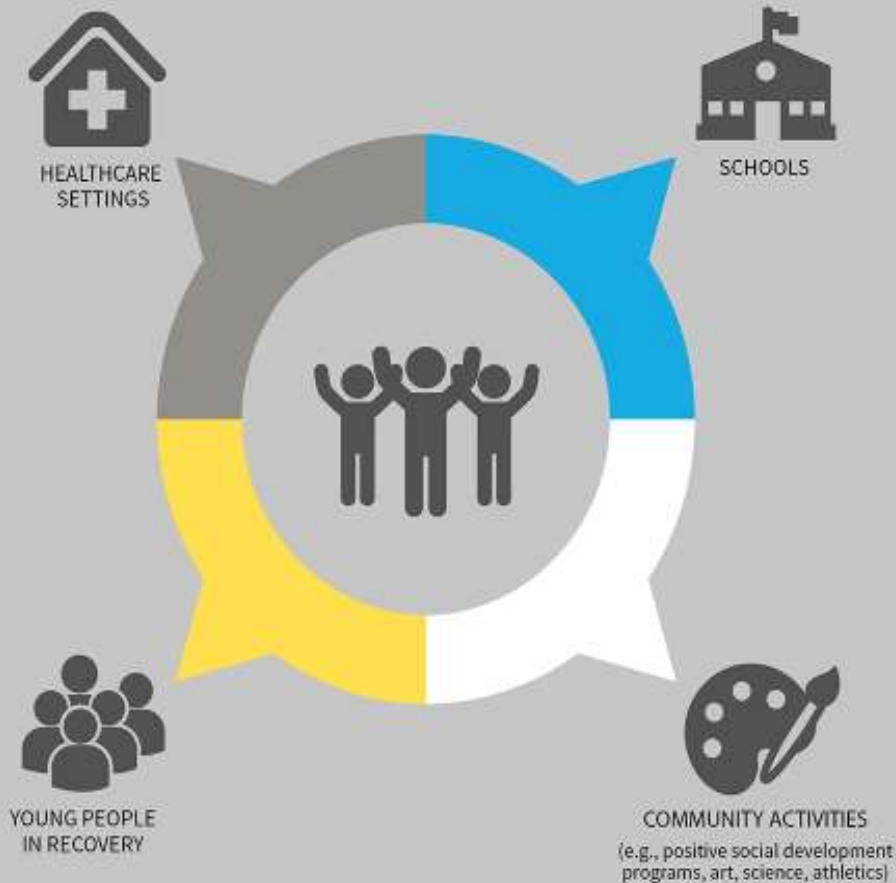
- Increase SBIRT using practice improvement approach
- 39 pediatric practices in Connecticut, Georgia, & Utah



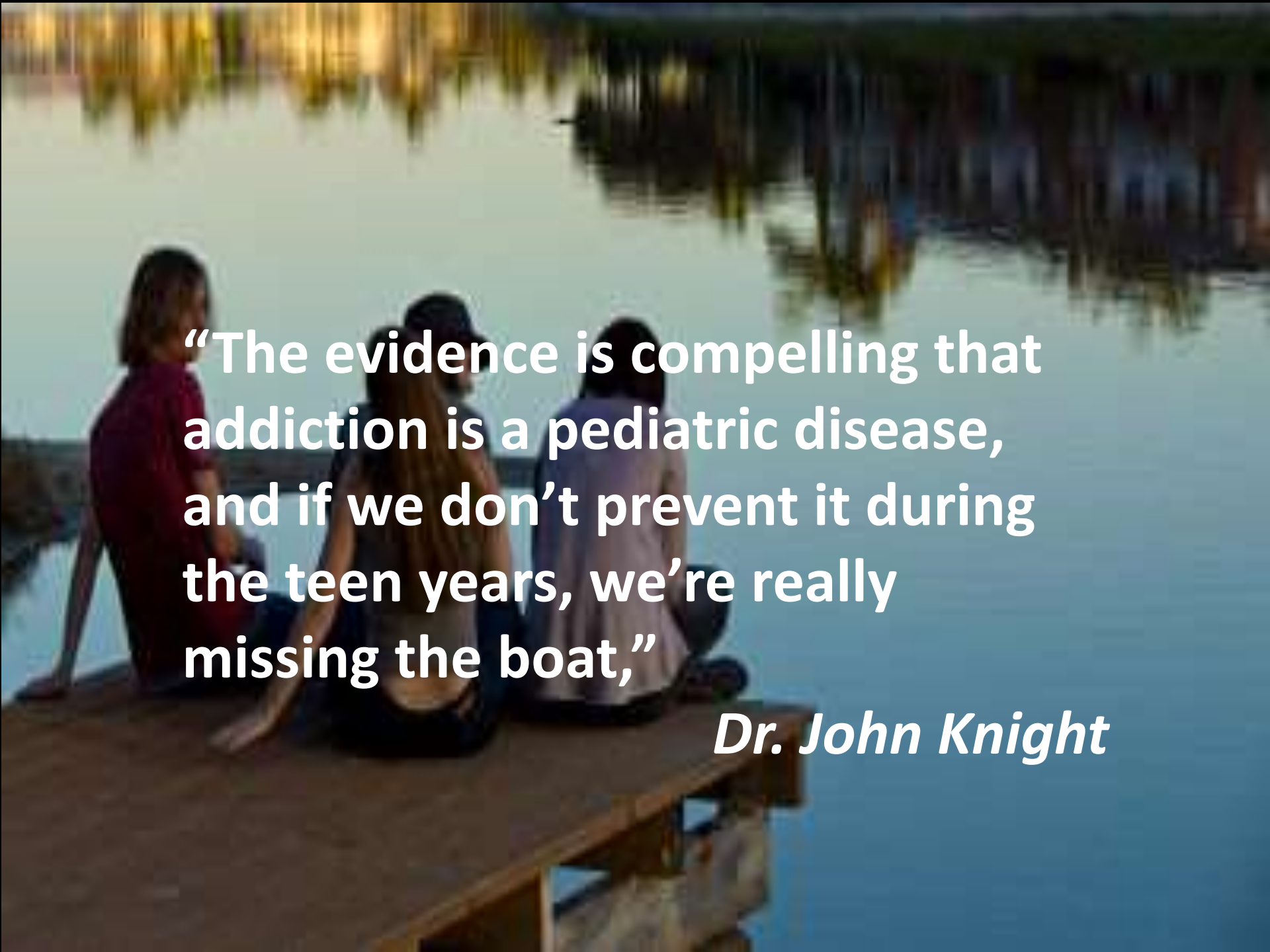
“ The first time I had a positive screen opened my eyes to the suffering hiding under the surface for some of my patients. The screens helped identify what was happening and the referral and tracking structure helped to make sure he has access to the services he needs.”

Physician, Community Health Center of New Britain (CT)

 **Community is Key**



- Delivered by ‘mentors’ (ages 18 to 28) who are young adults in recovery
- Low to moderate risk youth
- 4 sessions covering goal setting, wellness, stress management, mindfulness & social influences
- Designed to connect youth to community supports

A photograph of three people sitting on a wooden pier or dock by a body of water at dusk. The water is calm, reflecting the warm lights of the setting sun. The people are seen from behind, looking out over the water. The text is overlaid on the right side of the image.

“The evidence is compelling that addiction is a pediatric disease, and if we don’t prevent it during the teen years, we’re really missing the boat,”

Dr. John Knight

THANK YOU

A photograph of a sunset or sunrise over a field of tall grass. The sun is a bright, glowing orb in the center, partially obscured by the silhouettes of two thin, leafless trees. The sky transitions from a pale yellow at the top to a deep orange and red near the horizon. The foreground is a dark, out-of-focus field of grass.