Northeast Delta HSA

Northeast Delta HSA directs the operation of community-based programs to improve the quality of life of people with:
- Major mental illnesses
- Developmental disabilities
- Addictive disorders

Northeast Delta HSA is devoted to deliver programs and services that encourage people to reach their true human potential.

Recent History of Formation

Louisiana Act 384 merged mental health, developmental disability and addictive disorder services (or co-occurring disorders) into Local Governing Entities (LGEs) as of July 1, 2010. Northeast Delta HSA is one of 10 independent LGEs. Each LGE is administered by an Executive Director who reports to a local board of community volunteers.
## Who NE Delta HSA Serves

**NE Delta HSA serves citizens in 12 parishes of northeast Louisiana:**

Caldwell, East Carroll, Franklin, Jackson, Lincoln, Madison, Morehouse, Ouachita, Richland, Tensas, Union, and West Carroll.

**NE Delta HSA-Operated Outpatient Clinics:**

<table>
<thead>
<tr>
<th>Location</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monroe BHC</td>
<td>Integrated AD and MH</td>
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<tr>
<td>Bastrop ADC</td>
<td>Integrated AD and MH</td>
</tr>
<tr>
<td>Tallulah BHC</td>
<td>Mental Health Services Only</td>
</tr>
<tr>
<td>Ruston BHC</td>
<td>Integrated AD and MH</td>
</tr>
<tr>
<td>Winnsboro BHC</td>
<td>Mental Health Services Only</td>
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<tr>
<td>Satellite Clinic of Columbia</td>
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</tr>
<tr>
<td>Monroe Women and Children’s Services</td>
<td>Integrated AD and MH</td>
</tr>
<tr>
<td>Women’s Gender Specific AD IOP</td>
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</tr>
</tbody>
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**NE Delta HSA Peer Support Centers:**

Monroe, Ruston

**NE Delta HSA Developmental Disabilities Office**
Mission, Vision, Philosophy

Our Vision
To build a unified Northeast Louisiana where individuals are thriving and reaching their full human potential.

Our Mission
NE Delta HSA serves as a catalyst for individuals with mental health, developmental disabilities, and addictive disorders to realize their full human potential by offering quality, excellent care with greater accessibility.

Our Philosophy
• Demonstrate that we understand citizens’ concerns. Provide hope and integrity.
• Connect with citizens we serve and help them reach their best potential.
• Focus on commonalities among us rather than differences. Unify around opportunities.
• Accountability for our actions.
• Opportunity for success equal for all citizens regardless of demographics.
• Acknowledge any previous shortcomings and demonstrate how we are improving. Build trust through accountability.
• We are a catalyst and co-advocate for people to engage and believe they can reach new heights.
New NE Delta HSA Executive Director in May 2013. Renewing vision with three tenets by which we work:

- Excellent Customer Service
- Greater Access to Services
- Competent, Quality Care

Best possible care to consumers:

- We have begun even better integration of mental health, developmental disability, prevention and addictive disorder services

We are currently streamlining and improving efficiencies:

- Clinical accessibility
- Centralized billing
- Improved partner and contractor relationships
- Organizational accountability
Integrated Services Model

NE Delta HSA offers an extensive network of services for citizens through its behavioral health clinics, developmental disabilities office and peer support centers. Through our innovative service delivery model of collaborations, coalitions and partnerships, our spectrum of services helps address critical issues that our citizens face. NE Delta HSA services represent a genuine understanding of our clients’ healthcare and community needs. Our goal is to provide services that catalyze improved health outcomes for northeast Louisiana.
Regional Barriers

• Hopelessness
• Poverty; crime
• Poor Education
• Unemployment
• Inadequate housing
• Lack of Transportation; distance to nearest treatment facility
• Behavioral health stigma
• History of inadequate regional social services
• Shortage of physicians
• Confines of traditional governmental agency; lack of integration; silos
• Long wait-times before treatment
• Client no-shows
• Slashed budgets
Current Initiatives in Progress

• Integrated Services Model
• Prevention-Centered, Coalition-based work
• NE Delta HSA Opportunity Zone
• Tobacco Cessation
• Criminal Justice
• Faith-based outreach
The NE Delta HSA Opportunity Zone is a coalition-based prevention initiative designed to transform underserved, fragile south Monroe communities. The initiative seeks to increase access to NE Delta HSA services and promote healthy community behaviors. This initiative grew out of the agency’s regional Faith-Based Mental Health community summits. The Opportunity Zone is one of three NE Delta HSA-initiated regional coalitions that are designed to transform communities and reduce mental health and addiction prevalence, improve primary healthcare outcomes, reduce crime rates, enhance school and academic performance, equip faith and community leaders, increase job opportunities and establish and support public policies.
We engage faith-based communities in our efforts, because the contribution they can make is significant to provide hope that further stabilizes traditional mental health services.

We know that faith can offset hopelessness, but by coordinating all of our resources, we can all help our region grow and prosper to its full potential.

This outreach includes:

• Connecting with law enforcement entities
• Mental health prevention programs and techniques through faith-based organizations
• How mental illness affects children and families
• Clergy and mental health issues
• How to avoid Pastoral and congregational burn-out and disengagement
• Faith-based community support resources
Snapshot: Workforce Solutions

SOWS Program

- NE Delta HSA Second Opportunity Workforce Solutions (SOWS) program provides supportive employment services to citizens who are clients of NE Delta HSA and its integrative behavioral and primary healthcare network, including citizens who are non-violent criminal offenders and those who are being released from incarceration.
- Addresses access to employment, which is a social determinant that significantly affects a person’s health and ability to thrive in society. SOWS uses evidence-based practices to develop Individual Outcome Plans which reinforce a client’s treatment progress. Job readiness skills will be provided to assist participants in achieving and maintaining employment in their community of choice.
- Developed to help reduce prison recidivism and improve treatment outcomes.
U-ACT (Union Parish Alliance for Community Transformation)

- Stemming from a DHH Louisiana Partnership for Success fund award, Northeast Delta HSA formed a collaborative coalition to address underage drinking and prescription pill use in Union Parish.
- The U-ACT Coalition (Union Parish Alliance for Community Transformation) works to reduce the incidence of underage drinking and other data-driven priorities in Union Parish.
- This award not only targets substance abuse, but also aims to have an indirect positive impact on depression, suicide, teen pregnancy, school failure and violence. Staff at The Children's Coalition of NE LA and Louisiana Tech are assisting with this coalition initiative.
Coordinated Care for People in Crisis

- NE Delta HSA is aiming to catalyze and improve coordinated care for people in crises situations who suffer from mental health issues and addictive disorders.
- Engage with law enforcement leadership and hospital systems to address the need for increased psychiatric inpatient care and the protocol for people in crisis who come in contact with police.
- Working with judicial systems and rural hospital representatives to find innovative ways to use existing resources and further improve coordination of care, which in turn will improve services for some of our highest-need citizens.
For More Information

nedeltahsa.org

facebook.com/nedeltahsa

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